

WALKER'S TAEKWONDO TOURNAMENT OF CHAMPIONS **XII** SATURDAY JUNE 29, 2019

**GAME TIME GYM
404 OLYMPIA DR.
BLOOMINGTON, IL 61704**

Tournament Begins At 10:00 a.m.

**FORMS
OLYMPIC SPARRING
BOARD BREAKING**
(Boards Must Be Purchased at Tournament)

Ages 3 & Up

1 Event \$45.00 - 2 or 3 Events \$55.00

Alliance Point Tournament



Send registration & entry fee by June 15, 2019

Add \$10.00 after June 15, 2019

Walker's Taekwondo

**1301 Morrissey Dr. Bloomington IL. 61701
or register online at www.walkerskicks.com**

Contact Master Walker 309-242-2440

f [walkerstk](https://www.facebook.com/walkerstk)



Awards:

1st, 2nd, 3rd place awards will be given in all divisions. All competitors age 9 and under will receive an award.

Divisions:

Age Divisions:

5 & under-, (White, Yellow, Orange, Green Belts) (Blue, Purple, Red, Brown, Black Belt).

(6 & 7), (8 & 9), (10 & 11), (12 & 13), (14 & 15), (16 & 17), (18-34) (34 & over)

Belt Divisions: (White, Yellow, Orange) (Green, Blue, Purple), (Red, Brown), (Black)

.Sparring weight divisions will be grouped as necessary at the discretion of the tournament/ staging director.

Special Athlete Division will be grouped as necessary.

All age & belt divisions may be further combined and/or divided as necessary to make a competitive division at the discretion of the tournament / staging director.

Equipment:

Martial Arts Uniform, white is preferred but colored will be allowed. Shin/Instep protectors, Forearm protectors, Groin cup (males), Headgear, Chest protector and mouthpiece. All safety equipment is mandatory for sparring. Fist protector or gloves is optional.

Hospitality:

A meal will be provided for all school owners, judges & referees.

Traditional Forms:

Forms will be judged on balance, concentration, execution, form, speed, power, intensity and control. Judging will be bracketed single elimination.

Olympic Style Taekwondo Sparring Rules:

Black Belts, all ages 2 rounds, 2 minutes each.

Colored Belts, all ages 2 rounds, 1minute each.

30 second rest period between rounds.

Legal Techniques:

Fore fist punch only (no back fists, palm, knife hand or ridge hand techniques will be allowed.)

Foot (any part of the foot below the ankle.)

Scoring Areas:

Head Area= Controlled foot contact only. No hand techniques to the head are permitted. No Direct Face Contact is allowed.

Body Area= Area covered by chest protector, no kicks to the spine will be allowed. Forefist punch and foot techniques. Technique must be delivered with enough force to satisfy the judges that a point has been scored.

One point will be awarded for legal techniques executed to the body area and 2 points for controlled contact to head area.

Warnings:

- Any competitor that executes a kick to the head with excessive contact and/or results in a minor injury shall receive a ½ or full point deduction at the discretion of the referee.
- Any competitor that executes a kick to the head area that results in the inability of the opponent to continue shall be disqualified.
- Grabbing or holding the opponent.
- Turning the back to avoid contact
- Stepping or running out of bounds to avoid contact.
- Attacking with unauthorized techniques and body parts (i.e. elbow, knees, etc.)
- Faking injury.
- Attacking unauthorized areas (groin, spine, etc.) • Falling to avoid contact.
- Gesturing to celebrate a score.
- Uttering undesirable remarks and unsportsmanlike conduct by athlete, coach, parent or anyone else related with the athlete.

Rule infractions will result in deductions or disqualification at the discretion of the center referee.

Breaking Competition (Wood Only)

For consistency & fairness to all competitors, **boards must be purchased at the tournament.** We will have 3 sizes of boards as follows:

Age 7 & under will break 1/4" demo, age 8-12 will break 6" inch boards, 13 & over will break 10" boards.

Colored belts will have a 3 board maximum. Black Belts will have a 5 board maximum. 3 attempts maximum per station.

Judges will score based on difficulty and quality of technique(s), number of boards, presentation (flow of routine, intensity, etc.), and number of attempts.

Only 3 attempts will be allowed for safety of competitor.

Walker's Taekwondo

Tournament of Champions XII

Saturday June 29, 2019

Registration and Sign-in 8:00 a.m.-10:00 a.m.

Championship Site: Game Time Gym

404 Olympia Dr, Bloomington, Il. 61701

Opening Ceremony 10:00 a.m. (Sharp!)

Events: Forms, Olympic Style Sparring, Breaking

Competitor Fees: \$45.00 1 Event – \$55.00 2 or 3 Events if pre-registered by June 15, 2019

A \$10.00 late registration fee is required after June 15, 2019

Personal Checks accepted for early registrations.

ALL FEES NON-REFUNDABLE

Please Print Clearly

Competitor _____ Gender: M / F

Age _____ Height _____ Weight _____ Belt Rank _____

E-mail _____ Phone _____

Address _____ City _____ State _____ Zip _____

School _____ Instructor _____

Email _____ Phone _____

School Address _____ City _____ State _____ Zip _____

Liability Waiver and Release

In consideration of the acceptance of my entry, I do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or may occur to me against all directors, associates, participants, volunteers, spectators, and representatives of anyone involved in this event, for any and all damages which may sustained and suffered by me in connection with my association and/or entry into the athletic meet, or which may occur out of traveling to or returning from this athletic event. I further agree to pay for any and all legal expenses arising out of any and all legal disagreements, lawsuits, frivolous lawsuits, etc. I acknowledge and fully understand that any competitive event and Martial Arts is a physical activity and I will be engaging in an activity that might result in serious injury, including permanent disability or death. I acknowledge and fully understand there may be other risks not known to me or foreseeable at this time. I assume any and all risks involved and accept personal responsibility following such risks, injury, permanent disability or death. I am entering this competitive event and facility of my own free will and will follow all rules and directions given to me. I certify I am in good physical condition and there are no conditions that would impair my performance or physical or mental well being by participating in intense physical activity. I grant permission in case of injury to have a doctor, nurse, athletic trainer, or other emergency medical personnel provide me with medical assistance and/or treatment at my cost. I release, waive, forever discharge and covenant not to sue Walker's Taekwondo, Game Time Gym, representatives, any and all members and associates of this event or their respective officers and/or agents, from any and all claims, demands, lawsuits or damages caused by or alleged cause, in whole or in part, by negligence or otherwise. I/We the parent(s) or guardian(s) of this minor participant, have instructed the participating minor of the above conditions and ramification. I/We additionally confirm and agree to all of the above statements, conditions, waivers and releases and consent to this minor's participation. I/We further confirm, this waiver and release has been read in its entirety and I/We sign it voluntarily.

Competitor Signature _____ Date: _____
(Parent or Guardian if under age 18)

Events: Forms _____ Sparring _____ Breaking _____ Special Athlete _____

Mail registration and fees to: **Walker's Taekwondo**
1301 Morrissey Dr.
Bloomington, IL. 61701